



# HEALERS AMONG US

## Featured Healers

This is where we highlight the healers among us. We note how they move, work and seek to spread their healing powers.

Some are artistic, while others use their healing hands. Others include brands that capture the essence of calamity and hope to bring internal peace in some form or fashion.



## EcoChi: Purposeful Interior Design

Debra Duneier, President of EcoChi, has been described as a “visionary” and her company is trying to change the way we view our living spaces. The interior design company helps to create sustainable, environmentally-friendly and harmonious indoor living environments, by thinking outside the box and using the 5,000 year old Chinese practices of ‘Feng Shui.’

Feng Shui is the old philosophical practice of organizing living spaces in a harmonizing way, and Duneier (Feng Shui Master) does her best to design spaces this way in order to create feelings of optimism, harmony, abundance and prosperity. “As designers we balance the energy [of an indoor environment] by bringing in colors, patterns, shapes, textures and art,” Duneier said.

EcoChi typically goes about setting up different living spaces by dividing the room based on compass readings. Depending on the reading and the team’s sense of modalities, Duneier and her team can best determine what energies are in each part of the room. “The south [part of a space] just feel different than the north,” Duneier said. “You do more socializing in the south part, the north is a more restful energy; it’s darker.”

The small changes in interior design can have a huge impact as it can lead to a more desired work experience and a more productive happier living space. The designs have had a noticeable impact, especially at Positano restaurant in Connecticut (a spot that EcoChi was hired to design) where customers report that the environment of the restaurant helps heal headaches and reduces stress.

EcoChi is also LEED certified, meaning that they create designs that are very environmentally responsible and sustainable. Duneier said that her company provides people with a conscious choice to have an impact on health and well-being for people and the planet, but does this without taking people too far down a path of wellness that they aren’t yet ready for.

Ultimately Duneier said she believes that businesses are , “just about ready” to embrace some of these indoor design practices, but that educating people can be challenging. “We are really selling something so unique,” Duneier said, “people need this, but they don’t know they need it. Your life can be changed by what you see and how you’re living.”

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